



Pegasus Homes

Independent Later Living

At Pegasus Homes, we create communities for people enjoying life over 60, that encourages and supports their fulfilling, independent lives.

There are a variety of tenure options available in the later-living sector, from sheltered accommodation and retirement homes, to speciality care homes. With so much choice (and potential confusion), we wanted to clarify what it is that we offer at Pegasus Homes and who we are best suited for.

At Pegasus Homes, we are classified as an 'independent later-living' developer and operator. In its simplest terms, this means that we create communities for people over the age of 60, who are able to live independently.

Our definition of independent living

A person who is capable of maintaining an independent, and should they chose to do so, active lifestyle. They should be able to take full advantage of the facilities offered at the community from time to time.

What this means in practice

Essentially, our residents should be able to maintain their home, including keeping up with financial matters, and be able to carry out essential activities of daily living like bathing, dressing, or eating, without assistance. Residents should be able to make use of and take advantage of the various amenities and events and activities held within our communities and externally, should they wish to do so.

Most importantly, residents' behaviour or circumstances should not be detrimental to their own welfare, or the welfare of our residents, visitors or staff.

Do we allow care in our communities?

Full time or live in care services are generally not permitted in our communities. If a resident requires this level of care, it would be in their best interests to live in a facility where care is readily available and can offer the right levels of support to ensure their safety and wellbeing.

However, we are aware that as we age, things that used to be easy for us to do may become a struggle. There will also always be exceptions due to extenuating circumstances, which can be considered on a temporary basis, to ensure the comfort of all of our residents. This policy therefore should be used as a guide.



Supporting independence

Minimal domiciliary care services can be introduced to support an independent lifestyle. For example, if the resident needs a little help with food preparation or medication management but the carer cannot live with the resident.

However, if in-home care needs become extensive, up to and including the need for a full-time or live-in home care service, then the resident would be deemed 'dependent' on another and would no longer be suitable for independent living.



Respite

Additional care and support may be required following an accident, hospitalisation or temporary period of ill health, for a temporary period to aid recovery.

In this situation, it is essential that the onsite team are made aware, and any care needs should be agreed with the Pegasus Homes Customer Wellbeing Team to ensure the safety and wellbeing of the resident and community.

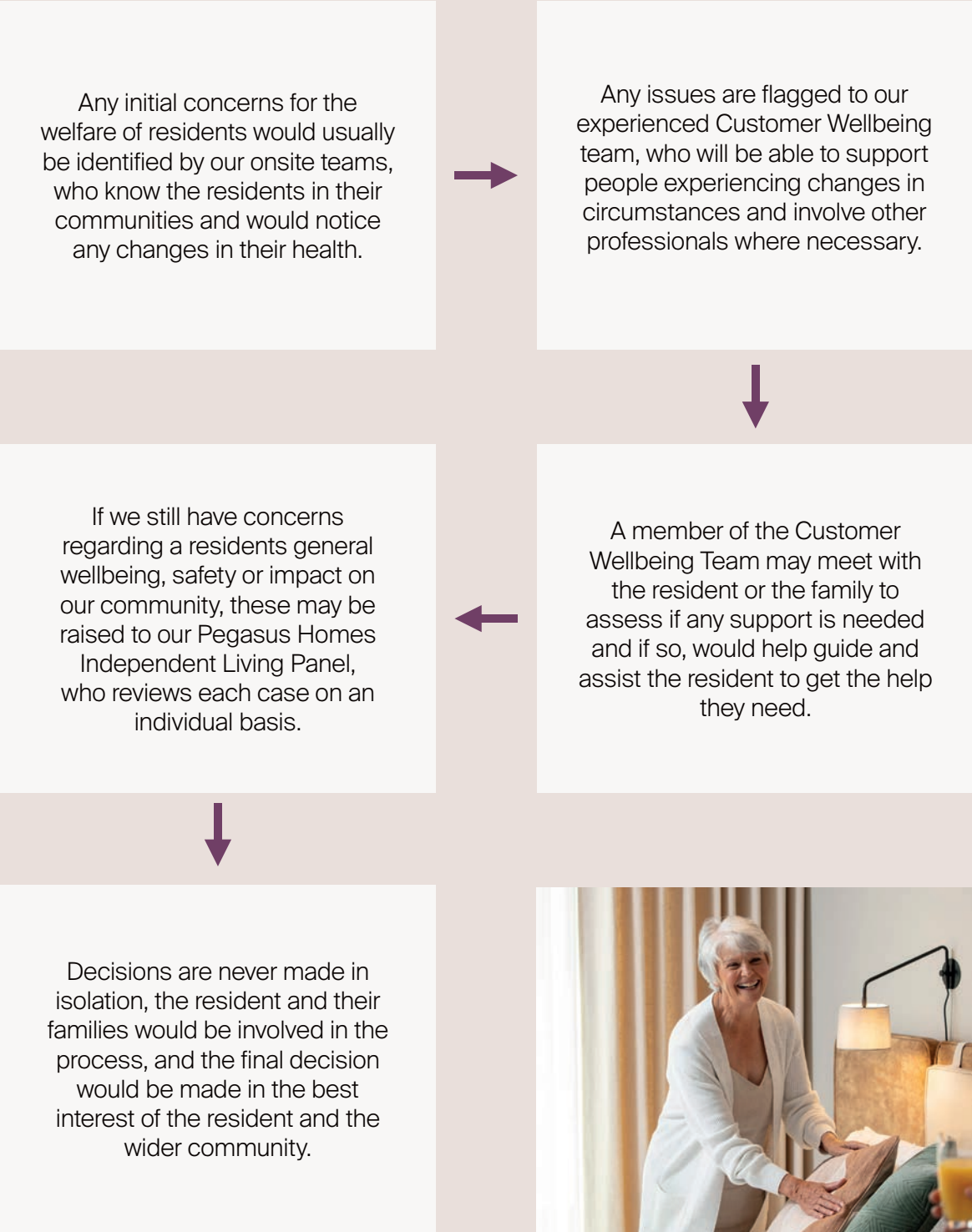


Exceptional circumstances

Whilst full time care is generally not permitted in our communities, there may be circumstances when it is in the best interests of the resident, their family and Pegasus Homes, for the resident to receive 24 hour support for a short amount of time. This will need to be requested through our Customer Wellbeing Team and agreed in advance of the care being received.

What happens if I can no longer live independently?

The wellbeing of residents who live in our Pegasus Homes communities is paramount. We take our duty of care seriously and would not cause unnecessary stress and strain to our residents and their families.





Carers obligations

Any care or support workers visiting a Pegasus Homes community, must abide by the operational policies provided in the Support Services Handbook. These policies ensure the enjoyment and wellbeing of all of our residents and include points such as how to access the building, what to do in an emergency and other general information.

If the carer does not abide by our regulations, we may ask the resident to find an alternative provider.



Do you have links with any nearby care providers?

We work closely with a company called Autumna who are the UK's largest and most comprehensive later-life living and elderly care directory. They have a team of expert advisors who can help find the best care support & nursing homes to suit individual needs in your area.

Their website is free to use and there is also a free dedicated advice line 01892 335330.

www.autumna.co.uk

Who can I speak to if I need more information?



Our Customer Advisor team or the on-site teams can explain the process in further detail, or, our Customer Wellbeing Team can assist with more detailed queries. Please email wellbeing@pegasushomes.co.uk for information.



Discover Joyful later living in locations across England

02036 953 206 | sales@pegasushomes.co.uk

www.pegasushomes.co.uk

The information in this leaflet is provided for informational purposes and to outline the usual process in identifying and resolving independent later living concerns. Please refer to the terms of the lease for further detail.